



# 2011 Fossil Trace Instructional Program

Play Better Golf & Have More Fun!

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## The Cure for the Slice

Steve Patterson, Certified PGA – Lead Instructor

75% of all right handed golfers have a ball flight that curves left to right. This ball flight results from of an outside to in swing path combined with an open clubface. To help achieve a club path that is more from the inside along with a square clubface I recommend the right foot back drill. This drill results in the student being able to “turn the ball over” in a right to left ball flight in usually 3 swings or less. In this drill, from a neutral stance, the back foot should be dropped back 8-10 inches straight back. This will put you in a position for an inside approach to the ball.



Set up with the ball on a tee positioned in the middle of your stance. Turn both feet toward the right, so your feet are in an extreme closed position relative to your original target line. Also, point your chest to the right of the golf ball in a closed position. Hitting balls in this position will help change an out-to-in swing path to a path that's more inside to square to inside. It also promotes the clubhead traveling on a shallow plane into the ball, which helps you release the club properly, squaring the clubface at impact.

After some practice with these drills, begin to bring your stance more towards a square position. Retain the new feeling for the clubhead coming into impact from an inside approach.



To schedule a lesson with Steve Patterson or any of the Fossil Trace Golf Professionals, call (303) 277-8750 or visit [fossiltrace.com](http://fossiltrace.com). You can also e-mail Steve directly at [spatterson@cityofgolden.net](mailto:spatterson@cityofgolden.net).

